

ROLES ARO RESPONSIBILITIES

Panchayat Rerpresentatives

- Bosti majoti proper nutrition habit awareness create koribi
- Bosti kon maikibi tarlaka omer 18 nokorati shadi koriboli nedipi
- Bosti ti pregnant sob bi instituional delivery koribi osor hospital nahoili health centre tihi
- Bosti ti manusob toilet hi jolapoli kopi aro kholaa jakati nakoriboli (open defecation free) (ODF) bosti ti
- Bosti ti nijor bagaan ti sepchikhan lakaidipi tati family manubi fresh aro nutritious vegetable khapoli papo
- Manu sob safe water hi khapi aro environment sabha rakibi
- Homoi-homoi ti meeting takibi ito-village health, sanitation, aro nutrition committee sob. (VHSNC)

Anganwadi Workers

- Regular counselling dipolaki caregiver aro proper nutrition ti
- Prescribed schedule hisapti bacha sob routine immunization loi dipolaki
- Bacha laka khao thik bara tangor nokora khan saikina support koribolaki
- Pregnant maiki aro noton jonon khorti regular visit koribi
- MOTHER CHILD protection (MCP) card ti bacha laka ojon regular saikina aro register koribi. bacha laka ojon tu red category takili, tara tari osor health centre ti loi japi

ASHA Laka

- Pregnant maiki khanki institutional delivery koriboli kopi aro komsikom charbar tak ANC visit koridipi
- Noton jonon aro post- partum mother laka care koriboli 8-9 ghor takti visit koribi
- Har moinati malnurished bacha aro horo bacha laka low birth wieght visit koribi
- Prescribed schedule hisapti har bacha tu routine immunization korilopi

School Management Committee

- Adolescent maiki aro mutta lokot anamia laka janidipi
- Bhal hygine aro sanitation niom hiki kina janiboli bacha lokot shikaidipi

Community Radio Station

- Nutrition- related ti prepare korikina aro community radio station bara broadcast koribi
- Honia manu lokot bi bhal hygine aro sanitation laka janiboli create koribi
- Nutritious local food practice ti pojiboli kopor lopi
- Local nutritious aro cooking habit ti improve koriboli programme regular kori takibi, ito khaa loaa ti calorie takia janiboli

bosti levelti panchayat representative
korikina sob workers/organisation ti
milikina malnutrion bara india free
koribi. ito barahi amikhanbi ahiboli
generation ti healthy aro strong nation
hopoli paribo



Ghor Sobti
Nutrition
Festival
Lokot

POSHAN ABHIYAAN
JAN ANDOLAN



Ministry of Women & Child Development,
Bharat Sorkar

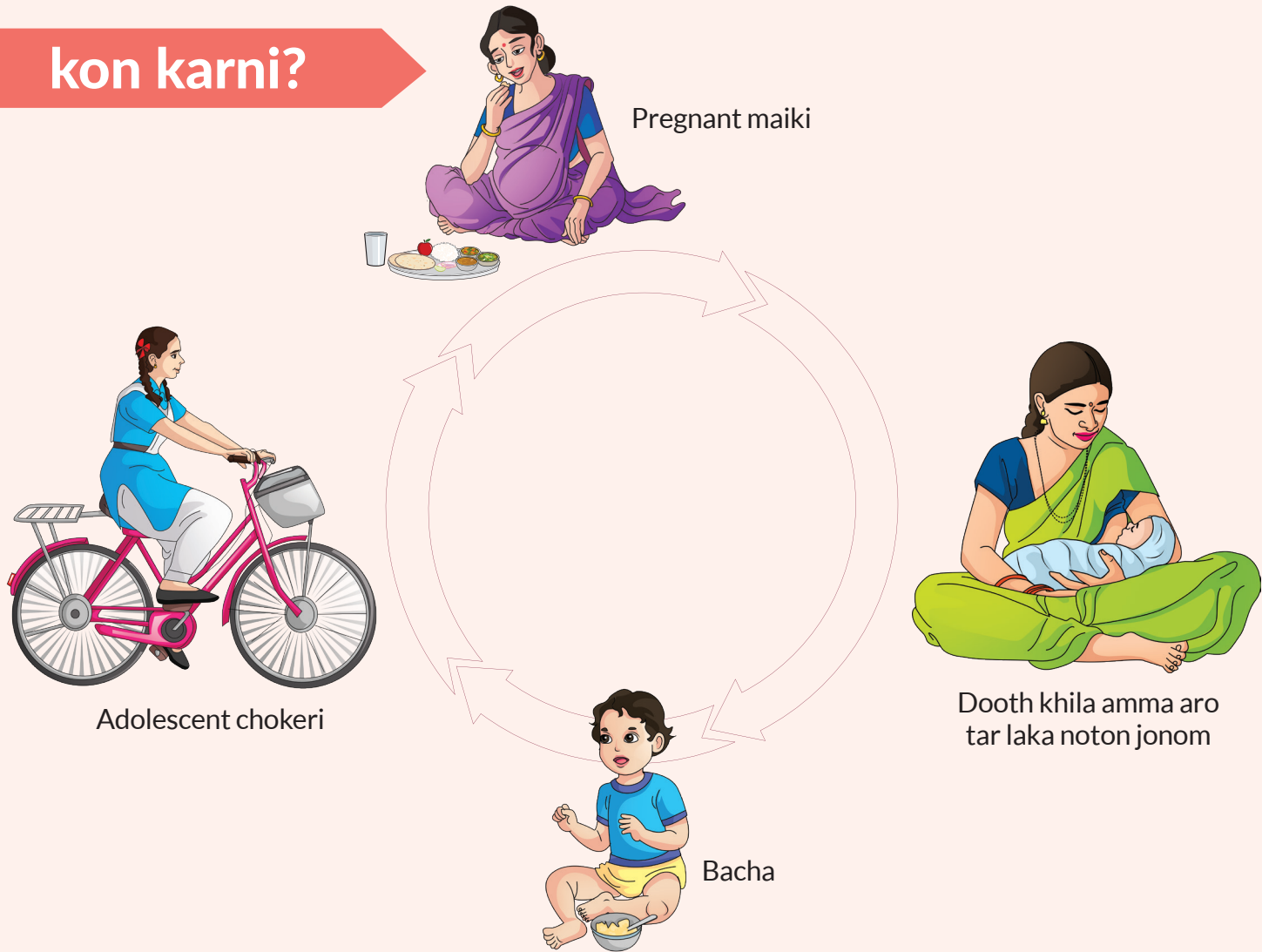
POSHAN Abhiyaan Itu Programme hi Nahoi, Hoilipi Manu Laka Revolution Asih. (A Peoples Movement) Indian Laka Mass Participation Lopoli Laki Aseh. Etu Programme Success Koriboli Manu Khan, Local Leaders , Panchayat Representatives , School Management Committees, Government Departments, Social Organisation Aru Public Aru Private Sector Sob. National POSHAN moina tu POSHAN *Abhiyaan* hoikina, ekta Unique ti mani asih. **September 2018 tu national poshan moina observeb kori.** sob indians, aru organisation sob ahikina india free malnutrition hopoli active part lopoli request aseh.

Ghor sobti nutritional festival manibo. sob bacha ki motop kuribo, adolescent aro pregnant maiki prescribed nutritional service paidipo. aponar bosti bi malnutrition bara free koribolito khali itu kam ti mani takilihi paribo.

KILI POSHAN *Abhiyaan*?

kishim kishim government ministries aru department tu ito kam ti stunning hoikina kam jai asih, itu malnutrition, anamia, aru bacha laka komti ojon hoa khanti. kilimani, etiatak bi kuriboli dimak bara pakka jani aseh. POSHAN *Abhiyaan* barahi positive changes daily diet aro nutritional niomti aniboli paribo indiat. ito tu technology laka motop bara achieved korishi. kishim kishim government ministries aru department bara pledge loikina tarkhan tu POSHAN *Abhiyaan* karni thik bara cordinate kori aseh. strong partenership aru support ti panchayat levelti bi jai aseh, specially ito programme tu bishi tiktari hoikina success koriboli ponaishi. malnutrition laka kopoli role ti panchayat represntative bara key role koriboli request asih. tatihi india laka foundation strong koribo. eto manukhan.

kon karni?



PANCHAYAT REPRESENTATIVE LAKA ROLE

manu khan representative hopoli.. panchayat representative bara itokhan ti promote koribolaki, kopor thik dey kina nutrition habits aru beneficiaries ki positive manners depoli

Pregnant maiki

- Nutritious rich wala khapoli vitamin aro iron.
- Fortified milk, dil aro iodized nimok
- Hardin ekta red IFA tablet soro bara char moina tak (180 din)
- Calcium tablet laka prescribed dose
- Ekta albendazole tablet second trimester ti
- Container ti pond kora safe water rakia khapi itobi thik jakati rakikina.
- ANM naholi doctor lokot minimum charbartak ANC's pregnancy time ti
- Osor hospital naholi health centre ti instituional delivery
- Personal hygine aro sabh-sabha maintain kuri
- Bhaat nekhaa akoti hodai soap bara hat tholai
- Hodai toilet kora bijoti haat tu soap bara tholai
- Hodai toilet use kori



Dooth khilaa amma

- Nutritious rich wala khapoli vitamin aru iron
- Fortified milk, dil aro iodized nimok
- Choi moina karni (180 din) post delivery ti ekta red IFA tablet
- Calcium tablet prescribed dose
- Bhal jakati container ti pond korikina rakia safe water
- Noton jonon baby ki dooth khila aro colostrum feed koria soro koribi jonon bara first hour ti. noton jonon karni colostrum tu first immunization aseh
- Bacha jonon loki breast feed dhama dham dipi choi moinatak. dosera ekobi bacha ki nakhilabi.
- Cooking aru bhaat nekhaa akoti hodai soap bara haat tholabi
- Toilet kora bijoti hodai haat tu soap bara tholabi aro aponar bacha laka faeces bijotibi
- Hodai toilet use koribi
- Aponi aro aponar bachabi hygine aru sabh- sabha maintain kuribi



Bacha

- Kidia bacha choi moina hopo, breast feeding lokot complimentary feeding soro kuribi.
- Bacha kibi iron aro vitamin rich wala everyday khilapi
- Bacha ki mashed aro semi- solid complimentary food khilapi
- Fortified milk, dil aro iodized nimok khilabi
- IFA aro VITAMIN A supplement prescribed dose bachakibi khilabi
- Aponi bacha bi age of 12 aro 24 moina majoti albendazole tablet khapoli dipi. Aro ekta tablet bi age of 24 aro 59 months ti, osor anganwad centre bara mangibi. Ito tablet tu choi moina ti ikbar khapo pet ti kira netakiboli.
- Osor angawadi centre ti bacha loi jaikina regular growth saidipi
- Nutritious meal tu overall bachakhan khao development karni aseh. age hisapti hi bacha ki bhaat khilapi quantity bara. Itubi AWW.ASHA, ANM naholi doctor bara prescribe korikina
- Bacha tu pans sal nehoha tak full immunization loi dipolaki schedule hisapti
- Aponar bacha bi bhal bara hygiene bhal aru sanitation habit hikiboli dipi.
- Sabha jakati pani sabha containerti pond kora khanhi pani khilapi.
- Bhaat nekhaa akoti aro bacha bhaat nekhiila akoti haat tu soap bara tholabi
- Toilet jaikina hodai haat tu soap bara tholabi
- Toilet ti bacha laka faeces safe disposal jolabi
- Aponar bacha lokot thik bara khilia aro kodha bi koribi



Adolescent chokeri

- Adolescent chokeribi nutritious aro vitamin aro iron rich wala khapi. itu bara menstrual timeti khoon jaa tu compensate koribo aro taibi full potential ti perform koribo
- Fortified milk, dil aro iodized nimok khapi
- Ek hafta ti ekta blue IFA tablet khapi
- Menstrual hygiene practice koribi
- Pet ti kira bara pachaboli ek sal ti ikta albendazole tablet khapi.
- sabha jakati container ti pond kora safe drinking water hi khapi
- Bhaat neka ti hodai soap bara haat tholabi
- Toilet korikina hodai soap bara haat tholabi
- Hodai toilet use koribi

