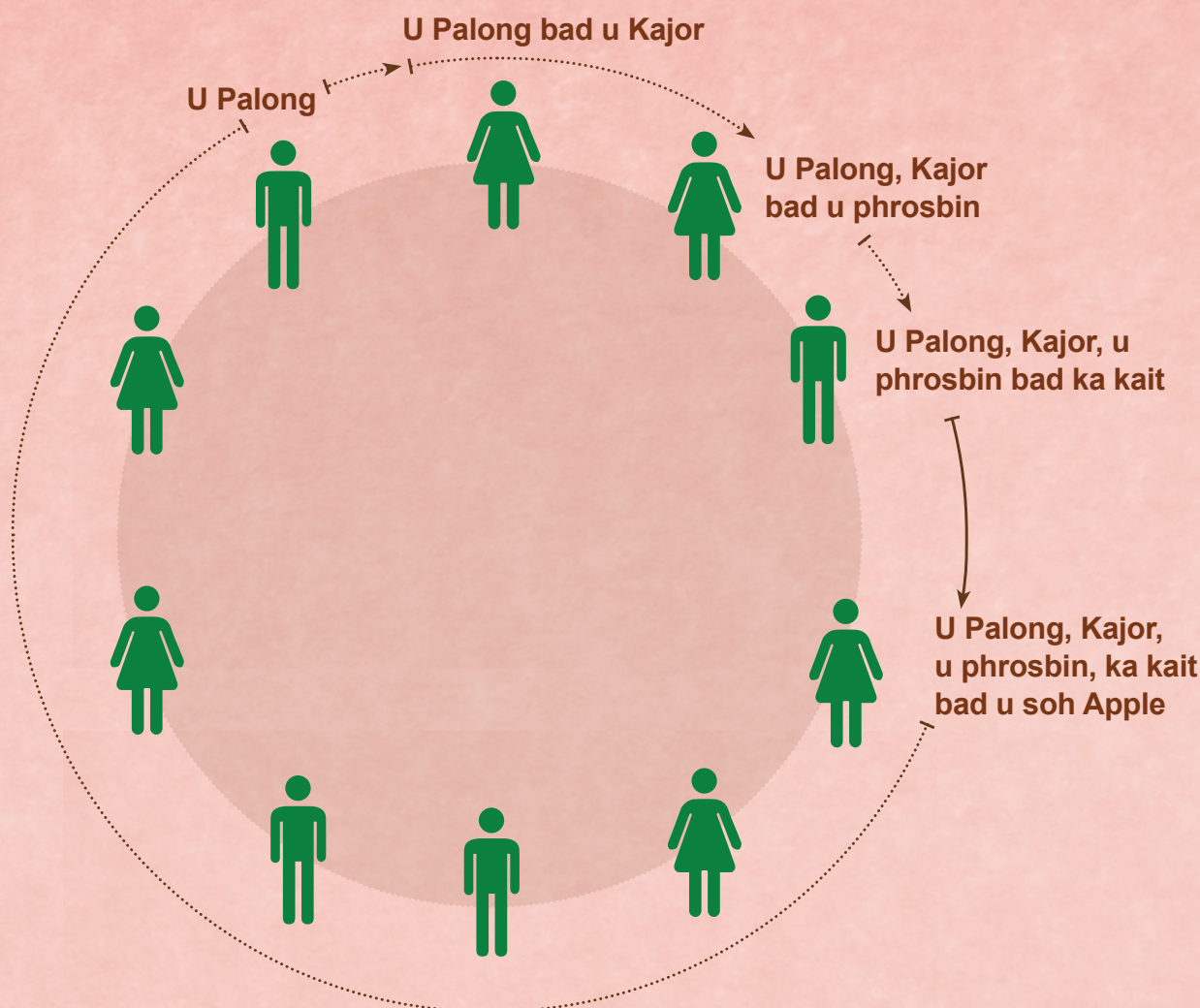


U kpieng jong ki jingbam kiba tei ia ki dkhot met



Ki kyndon jong ka jingialeh kai

- ✓ Ha kane ka jigialehkai lah ban iashim bynta kumba 10 – 12 ngut ki nongialehkai bad hap shong pyllun
- ✓ Ki nongiashim bynta ki dei ban shong pyllun bad kin sdang da kaba jer kyrteng ia ki jingbam kiba tei ia ki dkhot met
- ✓ Iwei pa iwei ki nongialehkai ki hap ban jer kyrteng ia ki jingbam batei katkum ka jingbang jongki. Kum ka nuksa, I nongsdang ia ka jingialehkai in ong u Sohpieng,iba hadien jongi in ong biang Sohpieng bad in ong ia iwei na ki jingbam ba tei ba I bang kum u Sohpieng bad ka Ja. I nongialehkai iba lai in ong U Sohpieng, ka Ja bad kaba I bang ma I bad kumta jer jer
- ✓ Kane ka jingialehkai kan iai bteng pyllun haduh ba ki nongialehkai kim kynmaw shuh ia kiei kiba ki jer kyrteng kiba ha shwa
- ✓ Une u kynjri jong ki jingbam kiba tei un dkut noh lada ki nongialehkai ki bakla ban jer kyrteng kumba ong kiba ha shwa lane ki ai kyrteng da ki jingbam ki bym tei kum u chips bad ki cold drinks
- ✓ Lada ki nongialehkai ki klet ia ki kyrteng kumba ong kiba ha shwa jongki lane ki khlieh ja ktung ia ki kyrteng kin iap na ka jingialehkai
- ✓ Ki nongialehkai ki dei ban kynmaw lut baroh ki jait jingbam kiba jer kyrteng da ki nongialehkai naduh ba sdang. Bad lada ki kynmaw lut kumba jer kyrteng kin long ki nongjop ia ka jingialehkai